

## Instructions for downloading and installing the AnyBody Modeling System

The aim of the lecture “Model-based estimation of muscle and joint forces based on inverse dynamics using the AnyBody Modeling System” is to give you some hands-on experience with musculoskeletal modeling with the focus on the biomechanical output and not so much the visualization.

During the lecture you will use the software “AnyBody Modeling System”. This is now commercial software, but originally developed at Aalborg University in Denmark. I would like to ask you to install the software on your own laptop beforehand, so we don’t need to use time for that during the lecture.

The installation files can be downloaded from: <http://www.anybodytech.com> (registration is necessary). The software runs only under Windows and you need to be an administrator for installing the program. After installing, try to launch AnyBody. If AnyBody is installed for the first time, then AnyBody’s license manager will appear. Here you can select the type of hardware your license is bound to. You must select a demo license and a new dialog box for entering your license opens. The “Get demo license” button will bring you to the webpage where you can register to receive a license key by email. When you have received the license key by email type or paste it into the vacant field of the license manager and press enter. A demo license is valid for 30 days, but fully functional.

Don’t hesitate to contact me in case of any problems.

Have fun!

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